



Carbon farming techniques: key for maintaining soil organic carbon

Benefits, drawbacks and mitigation potential...



Final conference: **“Carbon Farming: Benefits in
the Mediterranean region”**

Thessaloniki, Greece | 10 December 2025

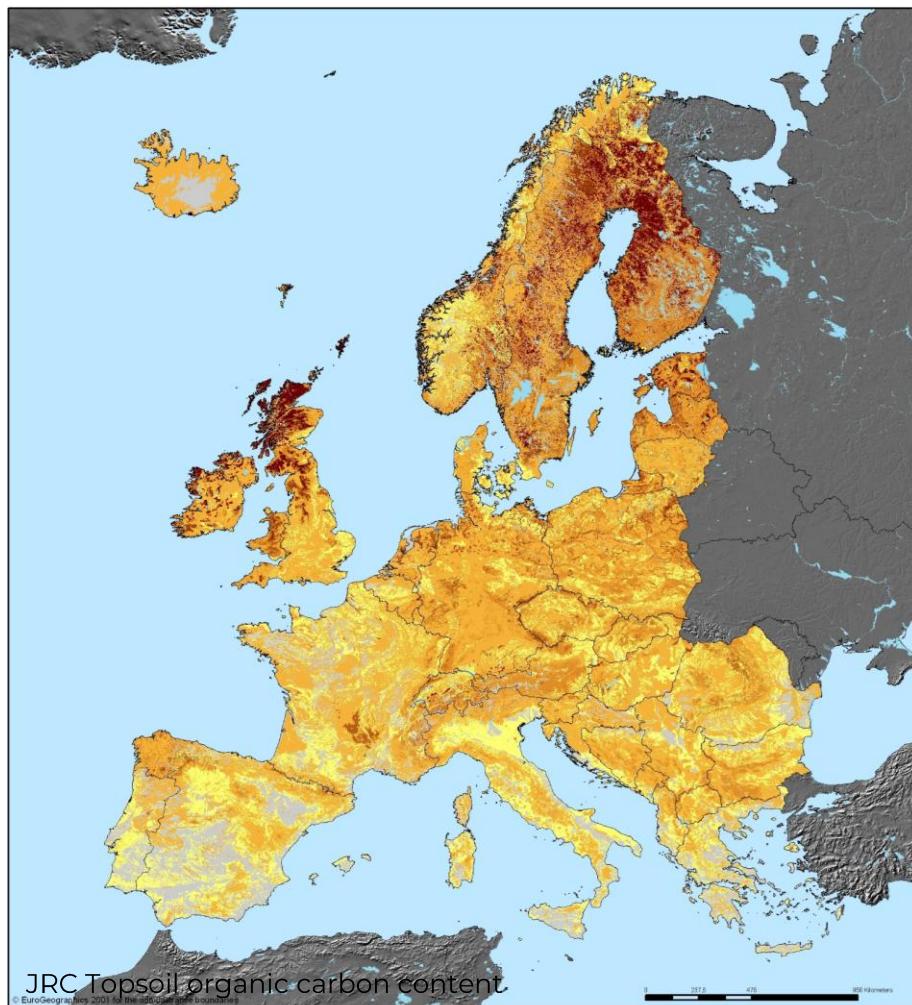
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SOC contents in Mediterranean soils

Organic Carbon (%)

	< 1.0
	1.0 - 2.0
	2.0 - 6.0
	6.0 - 12.5
	12.5 - 25.0
	25.0 - 35.0
	>35
	Lakes
	Country



In a case current agricultural systems remain unchanged Southern and Eastern Europe are projected to experiencing a decline in soil carbon stocks by 2100 due to climate change,

Big areas within Mediterranean zone in Spain, Italy, Greece contains less than 1% organic carbon,

In such circumstances maintaining of current SOC stock would be a significant achievement,



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Carbon farming as a concept

Why SOC is so important?

➤ **SOC - primary indicator of soil health and fertility.**

Central role in virtually every physical, chemical, and biological process

➤ Carbon farming - **integrated land management approach**

Combines a set of **sustainable agricultural practices** that

- enhance soil organic matter,
- reduce greenhouse-gas emissions, and
- promote healthier, more resilient ecosystems.



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Objectives of the study

- Main objective of the Study is **to identify and study Best Management Practices** (BMPs) aimed at increasing soil organic matter content in Euro-Mediterranean countries.
- Seventeen (17) BMPs were identified and classified in the four categories:
 - Soil management techniques
 - Organic additions
 - Cultivation practices
 - Cultivation systems





Objectives and methodology

➤ Soil management

- Organic mulch
- Conservation tillage
- No-tillage
- Strip Tillage, Precision tillage, Zone tillage

➤ Organic additions

- Manure
- Crop residue incorporation
- Compost,
- Biochar,
- Sewage sludge
- Digestate



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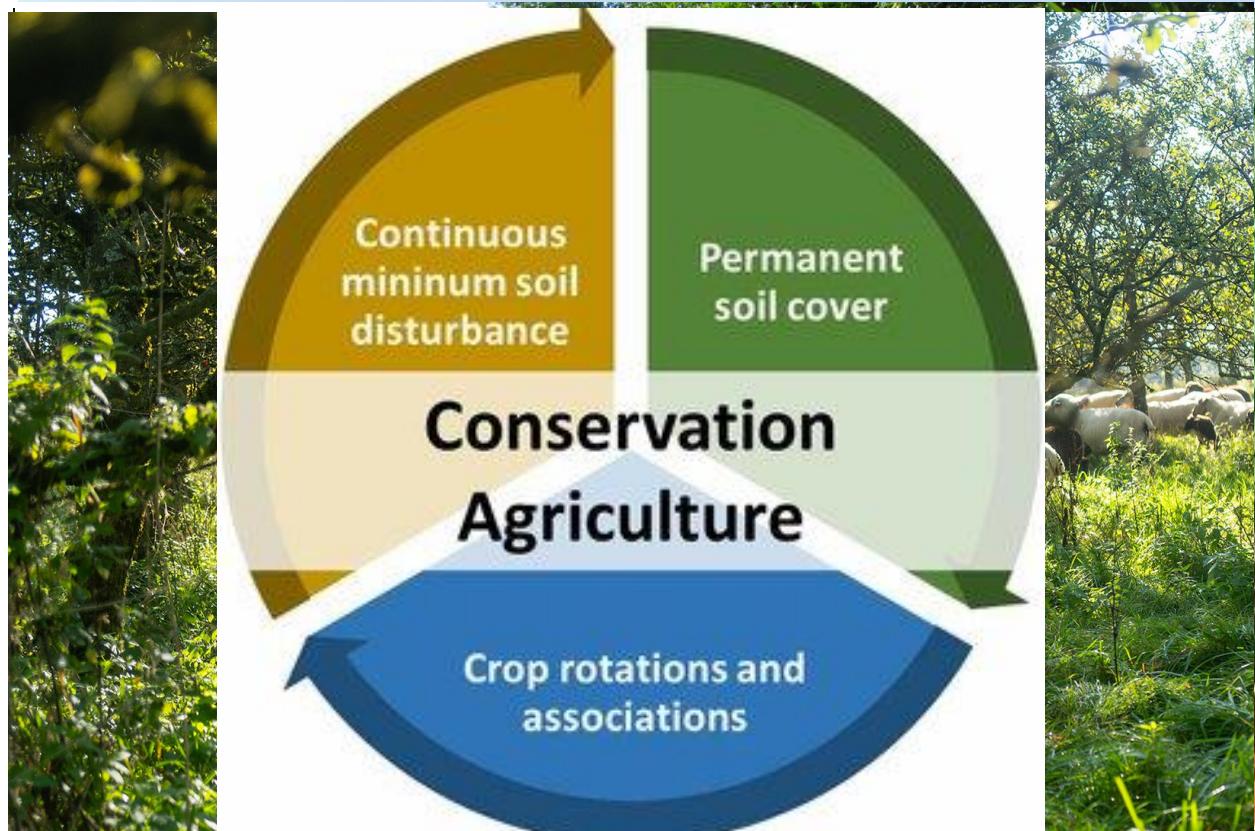
Objectives and methodology

➤ Cultivation practices

- Crop rotations
- Increasing root biomass
- Conversion to grassland
- Cover cropping
- Intercropping

➤ Cultivation systems

- Agroforestry
- Organic farming
- Conservation agriculture



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Objectives and methodology

The BMPs were evaluated against 5 criteria:

- **Mitigation potential** – the extent to which a given BMP enhances carbon removal (carbon sequestration) from the atmosphere and increases soil organic carbon (SOC) stocks, expressed either in t/ha or as a percentage.
- **Associated benefits** – the additional positive effects, beyond the accumulation of organic matter, that the implementation of a specific measure has on soil properties, soil functions, and overall soil quality.
- **Disadvantages** – the limitations, risks, or potential adverse consequences that may arise from applying a specific measure, particularly if it is implemented incorrectly.
- **Costs** – the expenditure required for the application of a given measure, including costs related to mechanization, transport, additional labor, and material inputs.
- **Geographical applicability** – the extent to which natural conditions (such as climate and soil type) or administrative constraints influence the feasibility of implementing a specific measure.



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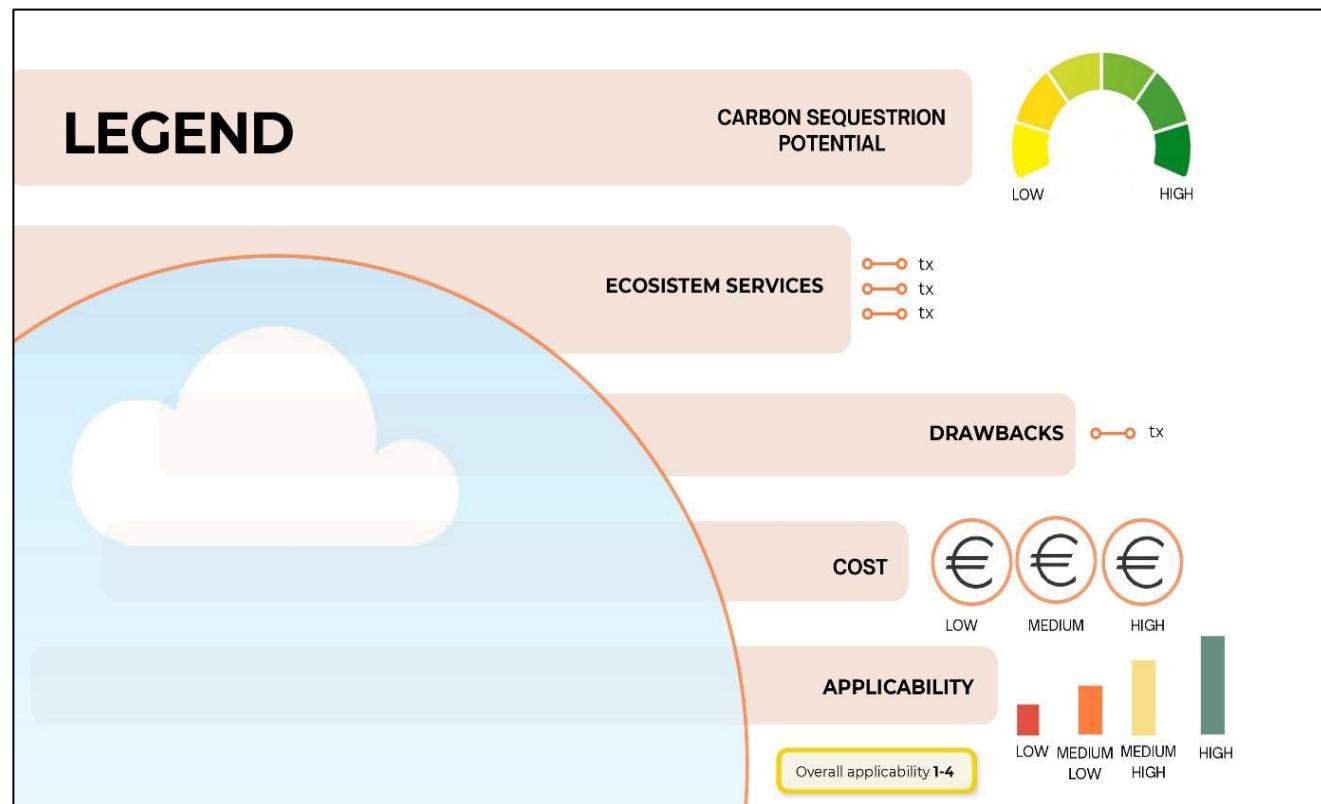
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Objectives and methodology

The identification and evaluation of the BMPs were carried out based on:

- An in-depth literature review of more than 50 reference sources
- Existing data and information from the partner countries in the Project
- The collected information for all evaluation criteria is visually presented in the form of infographics



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Soil management techniques

- **Organic mulching:** Any biodegradable material applied to the soil to prevent erosion and water loss

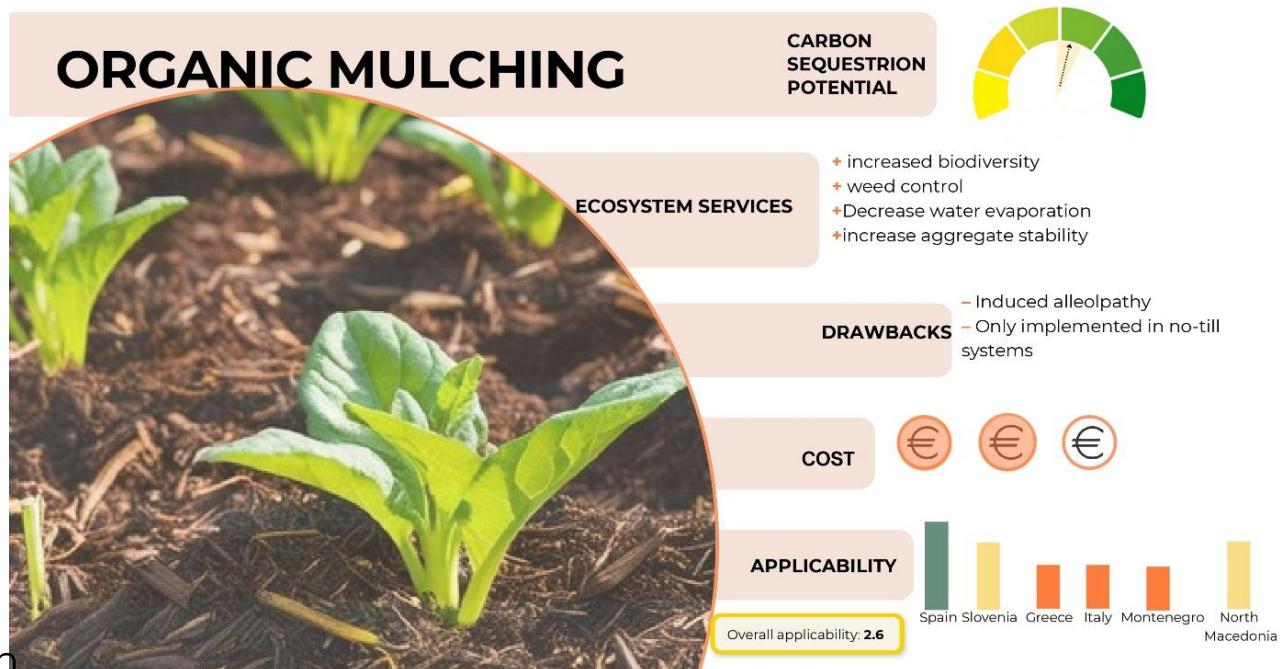
➤ **Mitigation Potential:** depends on the type of agriculture practiced over time and the specific pedoclimatic characteristics of the soil.

➤ **Co-benefits:** effective technique for:

- weed control,
- balancing of SOC quantities ,
- regulation of the microclimate,
- enhances soil water retention,
- improves water use efficiency and
- enhances soil structure,

➤ **Disadvantages:** some mulches with low C:N decompose rapidly and provide extra N to the soil MO which increases production of nitrous oxide (N₂O).

➤ **Geographical suitability:** Mulching can be applied in any pedoclimatic region



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Organic additions

- **Manure:** organic matter originating from animal's excreta, such as faeces and urine, containing plant material (straw) which is used for animal bedding

➤ Mitigation Potential: depends to

- manure type, doses, time of application and
- parallel agricultural practices.
- increase of **46% in SOC stock in upper 30 cm** of soil in Mediterranean area

➤ Associated Benefits:

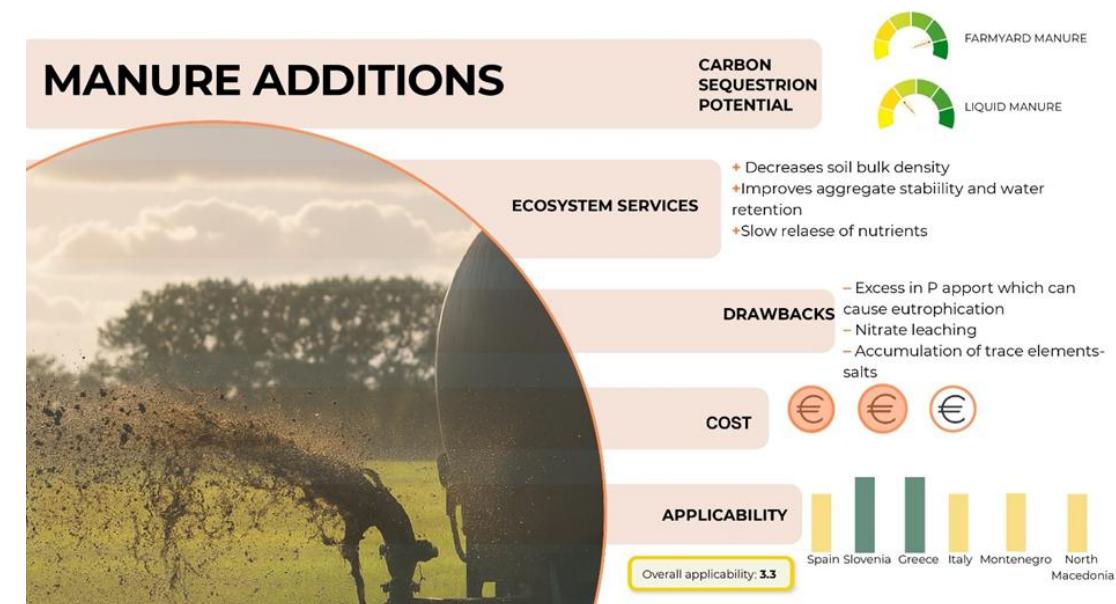
- decreases soil bulk density,
- improves aggregate stability and
- enhances soil water retention

➤ Disadvantages:

- nitrate leaching may occur
- if not properly fermented - proliferation of weeds,
- drying of the topsoil

➤ Geographical suitability: No restrictions for application in the Mediterranean area,

➤ Costs: The application of large quantities of manure involves high transport and labor costs.



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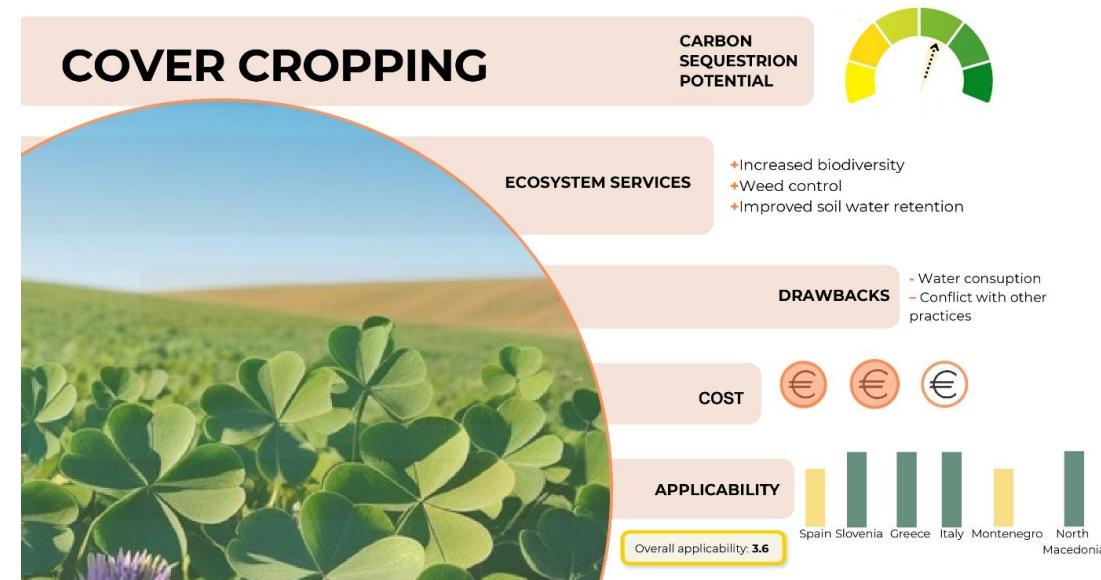


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Cultivation practices

- **Cover cropping:** Any plant species that is grown between two periods of normal crop production, or between trees in orchards and vineyards
- **Mitigation potential:** additional **C storage of 1.03 tC/ha/year, and 45% increase of SOC after 9-10 years**, in the Mediterranean basin
- **Associated benefits:**
 - protecting the soil from erosion,
 - enhance biodiversity,
 - act as suppressants of weeds and control pests and diseases.
- **Disadvantages:** excessive water use by the cover crops - could have negative an impact to the following cash crop.
- **Geographical suitability:** possible competition of cover crops for available soil water in some semi-arid regions, of the Mediterranean basin,
- **Costs:** two main costs: fuel and labor (range from **18 €/ha to 58 €/ha**, depending on management practices)



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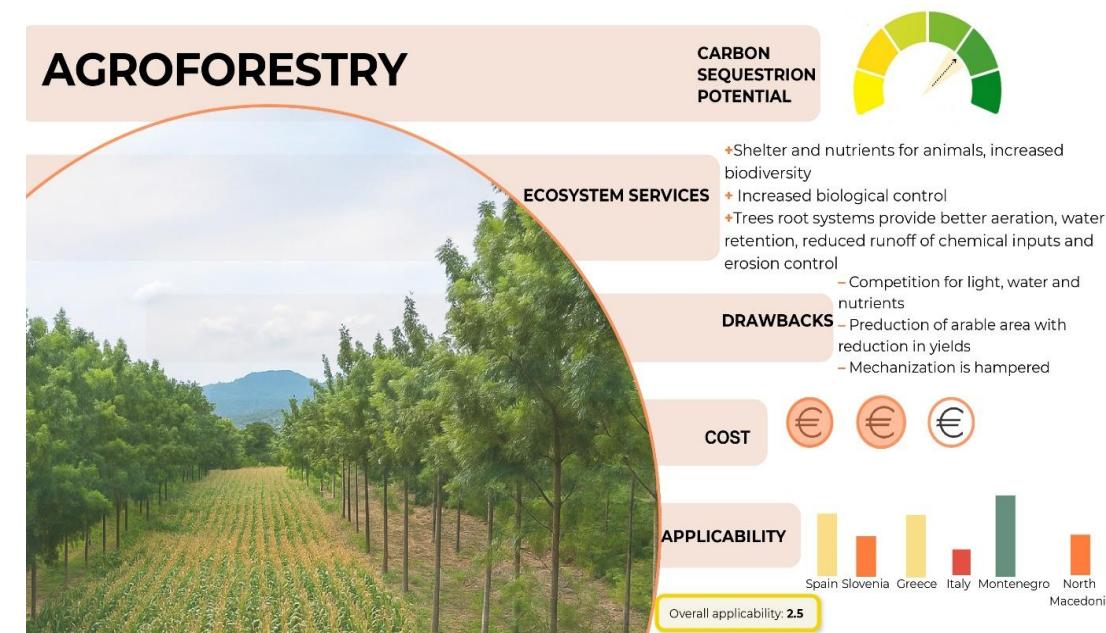
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Cultivation systems

Agroforestry: type of agricultural system that integrates the cultivation of perennial trees and/or shrubs with arable land and/or pasture within the same area.

- **Mit. Pot.:** if worldwide 10% arable land were covered with trees, approximately 18×10^9 tons of carbon could be sequestered
- **Add. ben.:** The mix of trees and hedgerows with cash crops on arable land provides:
 - shelter and nutrients for animals,
 - increases biodiversity and
 - promotes biological control of pests
- **Disadvantages**
 - more specific mechanization,
 - reduction in arable area and
 - the decreased light penetration - yield reductions of cereal in Italy—**up to 42%**.
- **Geo. Suit.:** Several examples in the Mediterranean area;
 - "Viti maritate" (i.e., grape vines on living trellis) in Italy,
 - "Dehesa" (i.e., agrosylvopastoral systems) in Spain and
 - Mix between cereals and olive groves in Greece.



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Conclusions

- A wide range of measures is available, and when properly implemented, they can have a strong positive impact on soil organic carbon (SOC) accumulation and overall soil quality.
- All measures carry equal importance, and therefore prioritization among them is not possible.
- Each measure brings additional benefits but also certain potential risks that must be carefully considered during implementation.
- The application of the proposed BMPs requires additional costs and labor, which introduces a degree of uncertainty and risk for farmers.
- In many countries, farmers often have limited adaptive capacity; therefore, the proposed measures must be easy to implement, affordable, and supported with appropriate incentives.
- It is crucial that these measures are actively promoted among farmers through demonstration fields, living labs, training programs, and similar knowledge-transfer activities.





Thank you for your attention

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